



Female Ejaculation

The Pinnacle of a Woman's Pleasure

Dispelling the Myths and Teaching The Truth About This Amazing, Beautiful Part of a Woman's Sexual Possibility

Introduction

Female Ejaculation is thrilling and pleasurable, a deep release, and can bring you closer together and keep her coming back for more and more. You don't want to pass this opportunity by, so learn how to take her sexually to a whole new level. Her pleasure is your pleasure--so the more sexually fulfilled and amazed she is with you, the more overflowing with energy and super hot she will be for you.

If you want more than just a taste of different techniques and tips, I would love to share with you my more in-depth membership site called [Female Liquid Orgasm](#) which has advanced exercises and information for those who really want to rock her world by giving her earth shattering multiple G-Spot gushing orgasms.

I have collected information and studied this subject for many years and have found out exactly what it takes to make any woman have an ejaculatory orgasm. I have compiled many of the secrets I have learned over the years in my site, including video tutorials, audio coaching, techniques and practices where I take you on the journey.

Trust me—it pays to know as much as you can about women's sexuality and literally turn her on to experiences she didn't think were possible. Making her squirt is one of those unique things that will catapult you into a whole new sexual dimension with her. I invite you to read through this eBook and see if I have *wet* your appetite to learn more and advance your skills.

My Story

So how did female ejaculation become my life's mission? I actually *learned* how to ejaculate and did not start off as a "natural." I had a powerful and transformative sexual awakening with a partner several years ago. He had taught a few women prior how to ejaculate and he told me that he thought I would be able to learn just like they did. I thought it was a circus act or a parlor trick, but was intrigued nonetheless. I hadn't thought too much of it, but one evening when he was stimulating me manually, I was super aroused and had a big orgasm. He had been stimulating my G-Spot and my clitoris simultaneously when this happened. I remember letting go in a deeper way than I had before and ended up ejaculating a tiny bit.



He said, "There you did it!" I was so ecstatic and amazed that I was capable of doing something that didn't think was possible. From that point on, the floodgates were open and I was so excited to learn about something that felt so powerful and exhilarating. It was a high like no other for him and for me. As I explored it more and more, I found I was able to go from ejaculating just a tiny bit to wetting an entire bed and squirting across the room. From then on I made it my mission to learn from the experts and make it my career to help other women and men learn about this mysterious and captivating experience.

I have been on an incredible journey ever since and it has been a serious and amazing mission on a personal level as well as an educational one. I have traveled all over the country teaching workshops and working one on one with men and women. I see it as an empowering experience that everyone should be informed about. I have seen how its power and

magnificence opens up and transforms women who experience it as well as their partners and builds profound intimacy and heightened pleasure never before imagined. I am so grateful that this is my life's work and I appreciate your interest in learning more about this.

How I Can Help You

As a Sex Educator and Female Ejaculation Expert, I can give you the inside into what women deeply desire, need, crave, and fantasize about. Aside from expert advice you will get a woman's perspective so you can understand the often complex and mysterious intricacies of women's sexuality revealed here. Most men do not have the techniques or the valuable insight into what really turns women on and helps them surrender because women do not always communicate their desires or know how.

Sometimes, unfortunately they expect that men will just "get it," when in actuality, men need help understanding her complexities. Unfortunately as well, many women have not done a lot of self-exploration and perhaps don't even know exactly what they want or need. If you can help her unlock the secrets of her body and sexuality and tap into her juicy, wild woman with explosive multiple orgasms, she will look up to you as the most amazing sexual partner and lover she's ever had and she will thank you a thousand times over with her enthusiasm and intense desire for you. Be prepared, she might get addicted!!!

"The first time I ejaculated, I was SO turned on and my partner and I had been having sex for a couple hours.



There was lots of fingering and oral and I felt this sweet pressure just building and building....and I reached a point where I felt like I had to totally explode. I felt like I was holding back because I was scared of letting go into the feeling. My partner sensed that I was on the verge of exploding or coming and said the magic words- "just let it all go baby." And my body responded because it gave me the permission I needed and....WOW!!! I let out this huge squeal and then roar and out came this huge gush of liquid all over the place. Just the thought of how exhilarating this was for me and my partner sends shivers up my spine. I just laughed and laughed and felt high as a kite. it was a first time experience for both of us and now the floodgates are open and I feel a new kind of sexual power I never have felt before. — CN, Washington

What Exactly Is Female Ejaculation?

Quite simply: Female ejaculation is a clear fluid which is released from the urethra during sexual arousal and stimulation. And no, it is not pee! The amount of ejaculate can vary from a couple drops to drenching an entire bed. It can come out as a squirt, a drizzle, a gush, a projectile rocket-launch, or a discreet wet spot on the bed. Ejaculation can occur completely separate from an orgasm, right before, or with an orgasm. Women can ejaculate one time during a sexual experience or multiple times.

Where Does It Come From?

There are those who are of the theory that the ejaculate comes from the female prostate (also known as the G-Spot), and specifically from the Skene's glands. The Skene's glands are located inside the G-Spot which surround the urethra. Those glands fill with ejaculate during arousal and stimulation, and empty into the urethral canal when she pushes out or releases it.

What Is This Fluid Made Of?

Female ejaculation has high levels of prostatic fluid: (PSA) prostate-specific antigens and (PSAP) prostate-specific acid phosphatase. These proteins are also found in male ejaculate which originate in the male prostate. Because female ejaculate contains prostatic fluid, this reveals that women also have a prostate where these proteins are produced. The female prostate is also called, "The G-Spot"-named after Dr. Grafenburg who discovered its existence in 1950. We will be discussing the G-Spot in depth in the following chapter. Female ejaculate also contains glucose, creatinine, and trace amounts of urea. It is a clear, watery fluid which is not slippery like female lubrication. It varies greatly in taste, Some say it is sweet, salty, bitter, buttery, earthy, etc. The taste can also vary depending on diet and where a woman is at in her menstrual cycle.

Why Female Ejaculation Is Not Pee!

We can differentiate urine from ejaculate because of the presence of prostatic fluid and glucose. Urine has a very distinct taste and smell as well as color. Urine is generally more yellow in color while ejaculate is clear. Even without documented scientific evidence, a simple, smell, taste and observation of the fluid will show you that they are distinctly two different fluids. It is actually very difficult to pee during an aroused state and

chances are that the urge to pee during arousal is really the urge to ejaculate. To make your woman more comfortable about letting go, it's best to have a number of towels underneath her as she practices releasing.

All Women Have The Capacity To Ejaculate

Every woman has the capacity to ejaculate because every woman has the anatomy to do so. I learned how to ejaculate and have taught many women how to do so through my workshops, DVD, and coaching sessions. I have witnessed women learning how to do this. I know it is possible for every woman. There are many reasons why women don't ejaculate and the number one being that women don't even know that female ejaculation is possible or even exists. It is simply a matter of getting informed, building awareness, and getting to know her body even deeper than before. Female ejaculation is one of the most pleasurable things women can possibly learn! Hopefully this will be the start of an amazing journey for you and your partner. It starts with an open mind, knowing what's possible, and the courage to experiment and learn about her unique and amazing body which has UNLIMITED sexual potential. Yes it is possible for every woman to Squirt...and you will have so much fun helping guide her into new realms of ecstasy.

She Might Already Be Ejaculating But Just Doesn't Know It.

With many women they are already ejaculating, but because they don't know that it's even possible or exists, they chalk it up to getting really wet (lubricated) during sex or arousal or being incontinent. Chances are, if there is any kind of wet spot on the bed after sex or masturbation....she ejaculated!

She Thinks She Has To Pee But It's Really....

Awareness alone can help women give themselves permission to ejaculate and release their ecstatic juices freely and without inhibition. Often times during sex or masturbation, women will feel an overwhelming urge to pee. I've spoken to many women who have interrupted sex because of this, and had done so several times.

Have you ever been with a woman who got up to pee during sex--several times even in one session? Most likely it was not because she actually had to pee, but because she had the overwhelming urge to ejaculate. What if

she was given permission to just let it go? If only there was more information and awareness, more women would know that often times the urge to pee during sex is really the urge to ejaculate. They feel similar because they both come from the urethra. How do you know which is which? One easy way to find out is to push on the bladder. She will feel a full feeling and know that she has to pee--but with ejaculation, the feeling of needing to pee is more localized around the urethra. If more woman could take a chance and let go by giving themselves permission--then a beautiful orgasmic release or gush of ejaculate might ecstatically result. I also recommend reminding her to empty her bladder beforehand to avoid worrying about it.

"I am a woman in my mid 40's and I've always felt like there was something wrong with my vagina. I have somewhat large inner lips and have always been worried that I don't look normal. Whenever my ex-husband would tell me that I was beautiful, I always rolled my eyes and thought he was just saying that because I really didn't believe it. I never wanted oral sex because I thought he would see it up close and would know that there was something wrong with it. I went to see "The Vagina Monologues" with some friends and realized that I wasn't the only one who was worried about what my vagina looked like. Afterwards I looked at her in the mirror again but saw her with different eyes. I started crying when I realized that I didn't even know what "normal" looked like. There wasn't anything wrong with me--I just had to change my perception. I even called my ex-husband and asked him if he really meant it when he said my vagina was beautiful and he said, 'Of course dear, I meant it with all my heart.'" —SN, CA

Female Genital Anatomy—Your Insightful Guide

It helps to have a good understanding of her anatomy first so you can have an erotic map of what you're touching, stimulating and looking at. Since you both are exploring together, you can choose to get out a hand mirror and explore her anatomy together. There is a strong possibility that she will not be entirely familiar with her anatomy. Many women do not sit and study it and oftentimes women can have a lot of insecurities about the way their pussies look. This might be a great time to check in with her to find out how she feels about her vaginal area. Taking the time to do this kind of check-in will bring you closer together and result in knowing how to encourage her in the right ways as we discussed earlier. She will be impressed with your level of sensitivity towards her and this will help her feel more vulnerable with you.

I am giving you an abbreviated anatomy lesson because I want you to have the basics that you'll need, but if you really want to expand your knowledge and blow her away with your pussy wisdom and prowess, you can find the complete guide with arousing techniques for each part of her anatomy in **Female Liquid Orgasm**.

The Clitoris

This cute pack of nerve endings peaking out of its hood is like a mini-penis equipped with the same amount of nerve endings as the penis in its entirety! Some women like direct stimulation of the clit while others prefer indirect or only stimulation on the clitoral hood. Always use lots of lube or saliva when stimulating the clit and her pussy in general. Pussies love lubrication!

The Clitoral Hood

The hood protects her sweet little clit and can be directly stimulated or pulled back for more direct stimulation of her clit.

The Inner Labia (Labia Minora)

Some of them are shaped like butterfly wings, some are small and thin, and some hang past the outer lips. Regardless of what size or shape, these gorgeous flower petals can be gently massaged, licked, sucked, pulled and rubbed.

The Outer Labia (Labia Majora)

Varying in sizes as well--these outer petals are as sweet as candy. Pulling on them can feel heavenly as well as massaging them in circles with your index finger and thumb. You can also run your fingers up and down each side of the labia, focusing on slow, steady pressure that will engorge them.

The Pubic Mound/Bone

The pubic mound is that cushy part covering the pubic bone. Pressing down firmly behind the pubic bone during stimulation can feel amazing and is also called the "backdoor to the G-Spot." Also, cupping her pubic mound after her orgasm or before stimulation can feel like her pussy is being held or cradled. Put one hand on her pubic mound and the other hand on her heart. Add some enhanced intimacy by gazing into her eyes so you can connect deeply with her before and after you are sexual with her. Just this one simple technique can bring incredible results.

Urethra

Many women do not know where their urethras are. They are difficult to find because the hole can be very small. Sometimes the urethra is located right above the vaginal entrance and other times it is a bit higher. In **Female Liquid Orgasm**, I talk about very specific secrets and techniques you can practice with her in regards to stimulating her urethral opening. There are many nerve endings right at the urethra and stimulating it in particular ways can induce female ejaculation and get her squirting in no time. These special urethral stimulation techniques are unique to my teaching and extremely effective.

Urethral Sponge

The urethral sponge surrounds the urethra. The urethral sponge is near the opening and the top of the vaginal wall. It is a spongy mound with ridges and feels like the roof of your mouth. You can feel gutters running along either side of the sponge. The sponge gets engorged with blood during arousal. There is erectile tissue in the urethral sponge which is why it gets engorged.

The urethral sponge will be your best friend in terms of helping her to ejaculate. Pay attention as much as you can to it to build up her ejaculate and make her feel really turned on. You can use strong to rigorous pressure

on the urethral sponge. Make sure you check in with her every step of the way if you do go for more rigorous pressure. The most direct way to stimulate the urethral opening is with your fingers by hooking them behind the sponge and using the "come hither" motion. Always hook your fingers up when you put them inside of her and you will feel her spongy mound and know you are getting her G-Spot. You will literally be "milking" her urethral sponge. This is where the juicy magic starts to happen.

Paraurethral Glands

The paraurethral glands, also known as the Skene's glands fill with ejaculate during arousal and secrete their fluid into the urethral canal and is either expelled by the Pelvic Floor or PC Muscles (discussed below) out of the urethra or goes retrograde back into the bladder. You will often be able to hear the ejaculate sloshing around inside of her before it is released.

The G-Spot

Also known as the female prostate. The G-Spot is a way to speak about the whole package deal: The urethra, the urethral sponge, the paraurethral glands/Skene's glands, AND (most importantly in my humble opinion) the orgasmic and pleasurable sensation therein. Some people are beginning to call this the "G-Area," as it's a better description of the wide area that can be stroked to bring pleasure and ejaculate. I will speak in further detail on this beautiful gem, of which you might or might not be aware of its amazing potential and vital role in female ejaculation.

"I am a total nerd because I need to study things scientifically before I can really believe in them. I have read and studied books about sexuality and anatomy before and then came across female ejaculation. It wasn't until I saw the chemical make-up and where it comes from anatomically that I actually believed that it existed and that I could do it. It was great to experiment with my body and confirm that it exists. I even did one experiment where I ate asparagus (which makes your pee smell horrible) and tried ejaculating to see if it smelled even remotely like asparagus. To my nerdy delight, I found that my ejaculate did not smell like asparagus at all. I peed afterward and that DEFINITELY smelled like asparagus. I can confirm that it is not urine beyond a shadow of a doubt. It passed the asparagus test."—KS,CA

Why Does Stimulating Her G-Spot Make Her Ejaculate?

Okay so what does the G-Spot have to do with squirting? It is possible for her to ejaculate by other means but in more cases than not, female ejaculation occurs when the G-Spot is being stimulated along with clitoral stimulation. Since ejaculate is said to come from the Skene's glands which are inside the G-Spot, it would make sense that stimulating her G-Spot would arouse those glands enough to produce the ejaculate. Don't forget that the G-Spot is another name for the female prostate. Ejaculate is composed of prostatic fluid. Arousal plus stimulation leads to ejaculation. Therefore the G-Spot is a vital component of female ejaculation and stimulation of it can be extremely arousing and lead to explosive liquid orgasms for her.

Breakdown Of Myths And Misconceptions

Myth: Not every woman has a G-Spot.

Truth: Every woman has a G-Spot. It is part of the female anatomy just like her clitoris.

Myth: Women don't ejaculate. They are just peeing.

Truth: Women can ejaculate and scientific studies have proven this fluid to be prostatic fluid which comes from the female prostate.

Myth: The G-Spot doesn't exist.

Truth: The G-Spot does exist and is in fact the female prostate. Men have a prostate and so do women. Both produce ejaculate.

Myth: The G-Spot is hard to find and deep within the vaginal canal.

Truth: The G-Spot is actually right near the vaginal opening and with some women it can actually be seen when she pushes out and bears down. Since it is connected to the urethra and is part of the urethral sponge it would have to be close to the vaginal opening connected to the urethra. The spot that feels most pleasurable for many women which is behind the sponge and therefore a little further in but not hard to find once you locate the sponge.

Myth: If her G-Spot doesn't feel pleasurable when you first stimulate it, then she won't be able to ejaculate.

Truth: If a woman doesn't feel pleasure in her G-Spot right away, sensation in it can be awakened and a numb or painful G-Spot can become sensitized over time and she will be able to ejaculate when the fluid builds up in her G-Spot when it is stimulated.

Some Different Kinds of Orgasms Women Can Have:

- **Clitoral**
- **Vaginal or G-Spot Orgasms**
- **G-Spot/Clitoral Blended Orgasm**
- **Anal Orgasms**
- **Uterine/Cervical Orgasms**
- **Full-Body Energetic Orgasms**
- **Ejaculatory Orgasms**

The G-Spot/Clitoral Blended Orgasm is one that I focus on because it is the most common way that women ejaculate and can do so multiple times. This kind of orgasm is a blend of clit and G-Spot stimulation simultaneously....and it feels absolutely incredible for her.

*Please note that female ejaculation can happen separate from an orgasm. It can happen right before or during an orgasm and it can also happen completely separate from an orgasm. Many women feel like the ejaculation itself is orgasmic and I am not one to deny women of their orgasmic experiences! So here it is—the ejaculatory orgasm—one in which a woman drips, drizzles, squirts, gushes, leaks, explodes, projects, launches, spurts...etc. You get my drip:)

To Squirt Or Not To Squirt...That Is The Question

When I use the word "squirt" I am actually being quite deceptive. In an effort not to confuse you or delude you or her, I would like to point out something very important. Since female ejaculation is not always projectile in the air, many women and their partners do not consider it ejaculation.

They have a picture in their head of it looking a very particular way and if it doesn't exactly look like that then she is not given credit where credit is due. Sometimes she might squirt projectile into the air. Other times it might be just a few drops that she nor you even notice. There are other times when it is more of a gush and still others where it drizzles out discretely.

Whatever the case, be prepared for it to look many different ways. The amount and whether it catches air or not depends on her level of arousal, the position, her pelvic floor muscle strength and the type of stimulation. So be prepared for female ejaculation to take on many forms. The most explosive ones are always a thrill, but a discreet gush can feel just as rewarding. Encourage her if it is a tiny bit or if it drenches you and the entire bed. The more you encourage her, the more she will ejaculate.

Getting Her To Be More Orgasmic Through Intercourse and Beyond....

Since female ejaculation is dependent on her getting intensely aroused, it certainly helps if she is more orgasmic. Orgasms open her body up and help her surrender to her sexy juices. While this is not a requirement to ejaculating, I have found that a lot of the tools that you and her would use together to help her be orgasmic also go hand in hand with helping her floodgates open. In my eBook ***Female Liquid Orgasm***, I highlight the hottest tips and techniques that you can share with her and practice on her to help her to be not only more orgasmic but multi-orgasmic too.

I highly recommend stepping up your game to help her be more orgasmic and learn to coach her into more and more orgasms until she's at the point of no return.



Some of the additional information that's waiting for you in *Female Liquid Orgasm*:

- Finding Her G-Spot
- The G-Spot Is The Heart Of Her Pussy—It Can Get Emotional Down There
- Holding Space
- Awakening Sensation In Her G-Spot
- The Most Sensitive Areas Of The G-Spot
- G-Spot Toys and My Sexy Resource Guide
- Cum Hither
- Integrating the Sponge
- If She Feels Like She Has To Pee
- Don't Forget The Clit
- The Clit/G-Spot Dance
- Different Ways to Stimulate her G-Spot
- Profound PC Pleasure Pulsations And Pumping It UP
- Fears Of Pushing Out
- Exercises And Further Understanding Of The PC Muscles
- Giving Birth to Her Orgasm
- When Should She Push Out?
- General Tips For Ejaculating
- Making Her Squirt Through Intercourse
- Teamwork Strategies
- Yoni (Vaginal) Massage Sessions

Prepare To Rock Her World Forever!

There is nothing more thrilling then getting your woman to an orgasmic and juicy place. There is nothing more thrilling than having her think of you as her Master and Sex God in bed. There is nothing more thrilling than "making her squirt" and give her a new experience that she has NEVER had before.

I have given you a wealth of inside knowledge and wisdom about women and what makes them tick and...squirt. Most men have not been given this information so you are way above the bar on this one. Trust me, she will be in TOTAL AWE of your skills and deep wisdom of her body as well as your

techniques and expert space holding. She will be able to let go and surrender into total ecstasy like never before.

Get ready for a wet and wild ride that will have her hooked and coming and coming again and again! Good luck. You are well on your way. I urge you to get my system, [Female Liquid Orgasm](http://femaleliquidorgasm.com), for more advanced and detailed techniques and awesome audio journeys that you will love. I have simply given you a taste in this eBook, but there is more....there is always more:) Please let me know if I can assist you further.

Juicy Blessings to You and Yours,

Tallulah

P.S. Get all my latest thinking, insights, practices, techniques and links to other resources about Female Ejaculation. Go here to sign up for all the goodies. <http://femaleliquidorgasm.com/FREE>

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